



28th & 29th  
Nov 2025

We exist to empower girls in Nairobi's informal settlements.

# Go Girl Holiday Club

Shaping confident,  
grounded, and purpose-  
driven Girls



Prepared by  
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# Go Girl Summary



Happy to receive care-pack

The Go Girl! Holiday Club 2025 took place from 28th to 29th November 2025, drawing an average of 42 teenage girls each day. The event provided a safe, nurturing, and faith-based environment where girls engaged in spiritual growth, mentorship, life skills development, creative expression, and positive social interaction.

The program continues to be an essential holiday initiative for girls especially those from low-income backgrounds ensuring they have access to supportive and enriching experiences during their school break.

## Objectives:

- Provide transformative and accessible activities including Bible study, discipleship, mentoring, and life skills workshops.
- Foster confidence, creativity, friendship, and spiritual maturity, with special focus on girls facing economic or social disadvantage.
- Maintain a safe, inclusive, and encouraging environment free of financial barriers, enabling equal participation for all girls.

# Program Overview Day 1



Group discussions

## Day 1 Theme: Rooted in Identity & Character

Goal: Helping girls understand their identity in Christ and develop strong, godly character.

Topics covered:

- Identity in Christ
- Confidence vs. Comparison
- Friendships & Healthy Boundaries
- Guarding the Heart & Mind
- Sexual Purity

DAY 1

**Day 1 Message: “I am chosen, valued, and growing stronger in Christ.”**



Group discussions

# Program Overview Day 2



Prayer Session

## Day 2 Theme: Radiant in Purpose & Leadership

Goal: Empowering girls to discover their God-given purpose and embrace leadership with integrity and courage.

Topics covered:

- Discovering Purpose (Calling, Gifts & Talents)
- Sexual Purity, Drugs & Substance Abuse, and Integrity
- Emotional & Mental Wellness
- Faith in Action—service, outreach, acts of kindness
- Celebration, testimonies, and reflection

DAY 2

**Day 2 Message: “I am radiant in purpose and ready to shine for God’s glory.”**

# Facilitators



The power Team

- The program was facilitated by TULIP's Board of trustees and dynamic young adults from JKUAT University, who also served as mentors and role models throughout the two-day experience.

# Participants' Feedback



Participants expressed strong appreciation for the experience:

- Sessions were inspirational, informative, and relatable.
- Many girls formed new friendships and felt encouraged and valued.
- Meals were highly appreciated for being delicious and well-prepared.
- The reflection and prayer session was engaging, and memorable.

**Overall, the program was met with enthusiasm, joy, and deep appreciation.**

Feedback helps us grow and improve

**“I am radiant in purpose and ready to shine for God’s glory.”**



Carepacks shared

# How can you be involved?

- prayers that we can continue to host relevant yet much needed forums of discipleship and mentorship for teenage girls and young women.
- Volunteer your time to facilitate and mentor teen Girls and young women.
- Give financially to sponsor the Holiday Clubs-we hope to have these 'safe spaces' on school holidays.
- Sponsor a girl to keep them in school.

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**Girls enjoying lunch**