

TULIP NEWSLETTER

Report by Wambui Mweha

WHY WE EXIST:

Empowering vulnerable teenage girls in deprived communities to break the cycle of poverty through holistic discipleship, education, mentorship, and life skills development..

WHAT'S INSIDE:

- Our success story , taking a look at how your support has helped us educate 4 girls through Highschool across Kenya
- A sneak peek at our upcoming engagements in Kibera, and Kawangwarea spotlight on our dedicated volunteers.
- Community Updates of our Team Members



Building memories and bright futures outside the classroom.TULIP scholars pause to enjoy the scenery during a refreshing break from the walk

left-to-Right: Joy, Anne ,Catherine, Peldine, Lilian. **Front:** Cynthia



The girls and their primary caregivers, praying before engaging in the day's activities

SUCCESS STORY

Reaching Our Goal, Changing Lives

By treating quality **education as the ultimate life equalizer**,for the past two decades, years, Tumaini Ladies Integrational Programme (TULIP) has **bridged the gap to opportunity** by providing **full secondary school sponsorships** to vulnerable teenage girls in Nairobi's most underserved settlements.

This intentional initiative **goes beyond simple tuition relief to invest deeply in the holistic development of every student it serves.** Through this dedicated support, in the past 1 year, our **four resilient young scholars** are successfully **breaking generational cycles** of poverty and **actively rewriting their futures.** They include:

- 1.**Catherine**, (Alliance Gilrs, Grade 10)
- 2.**Joy**, (Precious Blood Riruta, Grade 10)
- 3.**Lilian**, (Chelazo High School, Grade 10)
- 4.**Peldine**, (ACK Ukia Girls, Form 4)

WHY THIS MATTERS

On the **22nd of August 2026**, TULIP successfully hosted a restorative and holistic 1-day outdoor engagement at the Nairobi Safari Walk, intentionally designed **to meet every core pillar of the TULP's mission, for both the Girls and their care-givers**

The experience aimed at **tracking the educational curiosity** of the participants, **evaluating their mental and emotional well-being**, and providing holistic spiritual support to both the girls and their primary caregivers. It served as a vital platform to advance discipleship, mentorship, educational tracking, and life skills development outside the traditional classroom setup.

The goal was to **translate its foundational pillars into a relatable dialogue about evolving identities and future aspirations**, while reinforcing to the girls that their voices and dreams matter.

Because of your generosity, TULIP was able to **offer the girls and their parents a safe space for to decompress, build trust, and foster a deeper sense of community.**

This shows what's possible when we work together.

An Overview of the Nairobi Safari Walk Engagement

The Nairobi Safari Walk is located on Lang'ata Road, situated right at the main entrance of Nairobi National Park. It offers a safe, up-close views of Kenya's rich wildlife and rare plants.

This setting provided an ideal opportunity to spend time with our scholars, allowing us to **listen to their current experiences and smoothly translate TULIP's core pillars into their lives in relatable and relevant ways.**

The day commenced at 9:30 AM, with the entire group settling into the park with lunches, snacks, and logistics fully prepared for the day, kicking off with an array of interactive icebreakers. The group embarked on a **scenic tour around the Nairobi Safari Walk.**

To stimulate cognitive and observational skills, a running information challenge was integrated into the walk, tasking the girls with capturing as much detailed data as possible about the animals and their surrounding environment. After a shared lunch and a brief recreational play session for the girls, the afternoon transitioned into a vital mentorship and life skills "deep dive" check-in session.

This core segment was unpacking how each family was fairing, **diving into specific academic** and socioeconomic **challenges** they were tackling, and identifying the **exact support structures they would require moving forward.**

The holistic experience wound up beautifully by 4:00 PM with a profound discipleship and prayer session.

"I am the best in my class, and my goal is to keep doing my very best in school and make my mother and TULIP proud"

-Joy, Precious Blood Ruruta-Grade 10-

FEEDBACK FROM THE PARTICIPANTS

- **Family Bonding:** Participants expressed deep gratitude for the day, noting that the serene environment outside the informal settlements offered a refreshing change and a **valuable opportunity for family bonding.**
- **Parental Support:** Parents highly appreciated the **transparent check-in session**, reporting that they **felt genuinely seen, heard, and supported** by the TULIP leadership team.
- **Girl Enthusiasm:** The girls were enthusiastic about the mentorship and educational games, specifically noting that the information challenge made the **day both fun and dynamic.**
- **Future Outlook:** Both the girls and their caregivers expressed a strong desire to participate in other similar engagement and **build a TULIP support community** in the coming school holidays.



Upcoming Events & Programs Calendar

Here is a detailed look at our upcoming schedule. We invite you to join us for learning, fellowship, and service.

SEPT
25

TULIP Discipleship Program Tumaini Primary, Kibera

We look forward to **hosting a weekly girls' discipleship program.**

It is an **intentional, high-energy 2-hour session** uniquely crafted for teenage girls to step into a safe, uplifting environment for discipleship mentorship, lifeskills and educational enrichment at Tumaini Primary School in Kibera.

We look forward to walking alongside them

OCT
17

TULIP Go Girl Outreach Holiday Program

The TULIP School Holiday Club **provides a safe, nurturing and engaging environment** where girls can continue to **learn, grow and thrive during the school holidays.** Through discipleship, mentorship, life-skills development, educational enrichment, the club will help girls build confidence, strengthen their faith, discover their potential and support them in making healthy choices for their future.

We can't wait to interact with them soon!

COMMUNITY UPDATES

1) MARY MUTHONI, RELOCATES TO KENYA

Mary Muthoni is a **professional Social Worker who qualified from Middlesex University (UK) in 2011** and spent years serving local authorities in England. Inspired by overcoming childhood economic hardships, she is a **passionate advocate for social justice and community development in Kenya, focusing deeply on women, girls, and children.**

This month, **we are excited to welcome Mary, her husband Jon, and their daughter Zuri back home as they relocate from the U.K.** Outside of her dedicated leadership at TULIP, Mary is an avid traveler and fitness enthusiast who loves wellness sessions, spending time with family, and teaching others.

Her kindness is a constant reminder that community transformation is about building lasting connections and leading people to Jesus Christ

2) A NEW ADDITION TO THE TEAM

We are thrilled to officially welcome Wambui Mweha to the TULIP team as our new Programs Manager.

She brings a uniquely powerful background to our mission, beautifully blending a strong foundation in biotechnology with **specialized expertise in instructional design and learning development.** Furthermore, Wambui's extensive **experience leading faith-based discipleship** programs perfectly equips her to steward our core spiritual and holistic growth initiatives.

Beyond her professional dedication, she brings vibrant energy and harmony to our community through her love for playing tennis, board games and singing.



Mary Muthoni,
TULIP Founder



Wambui Mweha,
Programs Manager

IMPACT REPORTING

Your Generosity at Work

Every contribution, no matter the size, helps us continue our vital work. Here's a snapshot of how your kindness has made a difference so far:



\$10,000

YEARLY TARGET

- Providing the life-changing tuition, learning materials, and logistical support needed to **remove the financial barriers** standing between vulnerable girls and their futures.

300

GIRLS IN SCHOOL IN THE LAST 25 YEARS

Sponsored girls have **successfully remained in school** past the critical age of 13, **completely shifting their life trajectories** toward university, employment, and personal leadership.

100+

MONTHLY VOLUNTEER HOURS

Hours poured into TULIP have fueled the weekly outreaches, family check-ins, and life skills training **that keep our grassroots operations thriving** and our families deeply supported.



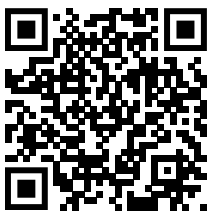


LIFT US UP IN PRAYER

- **For Our Candidate:** Pray for our Form 4 candidate as she sits her national exams this year, that God grants her wisdom, peace, and success.
- **For TULIP's Mission:** Pray for the lasting effectiveness of our work, and that strategic partners will come alongside us to expand our reach to more girls.
- **For Our Founder:** Pray for Mary and her family (John and Zuri) as they smoothly settle back into life in Kenya.

THE SUPPORT WE NEED

- **Invest Financially:** Sponsor a child's education or give toward critical program costs like our weekly outreaches and holiday clubs.
- **Share Your Time:** Volunteer your professional skills, or become a mentor and coach to our dedicated staff, volunteers, and beneficiaries.



Website QR Code

Get Involved Today

Your time and donations are the heart of our mission.

Ready to help? Opportunities range from giving financially to offering expertise and helping by providing mentorship

Paybill: **972900**

Account Name: **Tumaini Ladies Integrational Program**

Account Number: **08404370009**

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